

How To Get Started

You may be eligible for home health services under these conditions:



- A homebound criterion is usually required.
- The patient is under the care of a physician who manages and authorizes the need for services.
- The patient requires the skilled services of a registered nurse, physical therapist and/or speech therapist.

Qualifying For Home Care Services

To qualify for Medicare home health services, there are five basic requirements:

- 1. Your physician must determine that you need home health care services.**
- 2. Your own physician must write the orders for home health services, and oversee your care.**
- 3. You must need skilled services that are provided by a nurse or therapist.**
- 4. Your physician must determine that you are homebound, requiring considerable effort and help to leave home.**
- 5. The services you need are only required on a part-time, or intermittent basis.**

Who Pays For Home Health Care?

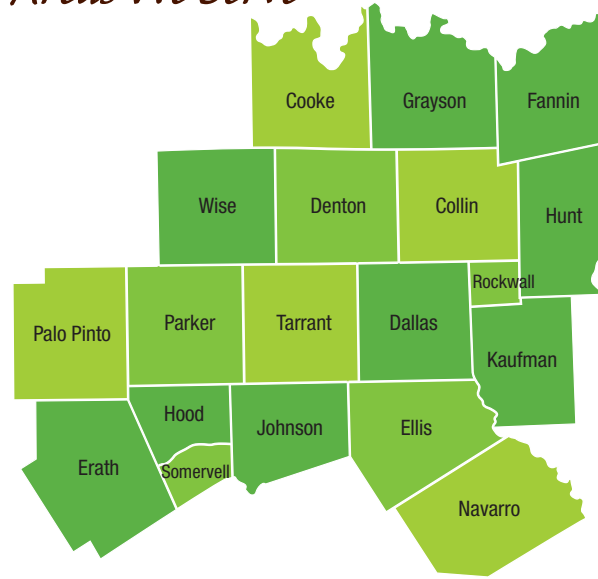
If you are Medicare eligible and qualified for care, there is no out of pocket cost to you. Home care can also be paid for by many private insurances or a variety of public programs.

These services can be paid for directly by insurance, community entitlement programs or by the patient and his or her family. Insurance companies have various eligibility and payment policies. We are always willing to help you explore payment options. Because benefits and requirements can vary, we can help you check with payors about your specific benefits, even before beginning service, so you can have this information.

Non-Discrimination Policy

It is the policy of Paloma Home Health Agency to treat all individuals in need of care without discrimination on the basis of race, sex, age, religion, physical handicap, or national origin. Paloma Home Health Agency offers the finest professional care and services on an individual basis, providing care for patients going home from the hospital or recovering from an extended illness. We accept referrals from physicians, family, friends, hospitals, or from you personally.

Areas We Serve



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professional health care and rehabilitation services



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What is Home Health Care?

Home health care assists a person in their recovery from an illness, accident, surgery or change in their medical condition. Professional health care and rehabilitation services are delivered in a person's home environment under the direction of their personal physician.

Why You May Need Home Health Care

- Frequent hospitalizations
- Frequent falls or near falls
- Problems with medication regimen
- Recent surgery or hospitalization
- Multiple health problems and/or new condition
- Multiple or no caregivers

Because it is not always clear to the average person when an ailing senior needs home health care and when he or she needs nursing home care, it is usually best to consult a medical professional for advice.

About Paloma Home Health

Our mission is to provide quality skilled care to meet the health and social needs of the patient and family in the comfort of their home. Our vision is to be the premier community based organization in the North Texas area.

These are some of the ways we can help our home health care patients:

- Helping patients and their families to understand and follow physician's orders regarding nutrition, special diets, medications and general nursing care.
- Helping patients restore strength and independence through physical therapy exercises.
- Patient specific health data with observations by a professional nurse are reported to the physician.



- Giving injections ordered by the physician and teaching patients and family the proper techniques for doing it.
- Assisting with home management of catheters and feeding tubes.
- Assisting patients in the proper use of oxygen and respiratory equipment.
- Assisting patients with bathing and personal grooming (ADLS).
- Teaching patients & caregivers at home the proper techniques of how to use a wheelchair, walker or crutches.
- Educating diabetic patients on how to manage diet, insulin, and other health related measures.
- Enabling the patient with ostomy how to resume a full, active life.

Home Health Care Services

Paloma Home Health is Medicare-certified and licensed in the State of Texas to offer full home health care services.

- **Hi-Tech Nursing**
- **Infusion Therapy**
- **Physical Therapy**
- **Occupational Therapy**
- **Speech Therapy**
- **Certified Home Health Aides**
- **Medical Social Workers**
- **Rehabilitation**
- **24/7 Availability**
- **Wound/Ostomy Care**
- **PT/INR In-Home Results**
- **Pain Management**



Types of Services Home Care Providers Deliver

Paloma Home Health provides high quality home health care services from licensed professionals.

- Registered Nurses
- Licensed Vocational Nurses
- Physical Therapists
- Occupational Therapists
- Medical Social Workers
- Speech Therapists
- Registered Dietitians
- Certified Home Health Aides

